



The Top 10 Things You Must Know Before Choosing Your *Podiatrist*



Oklahoma Foot & Ankle Associates

Welcome Letter from the Doctors of Oklahoma Foot & Ankle Associates

Dear Friend,

At Oklahoma Foot & Ankle Associates, we value your and your loved ones' comfort and health above all else. Our experts understand that what is suitable for one patient may not necessarily be the best choice for another — that's why we focus on personalized care based on your unique needs. If you are searching for a foot and ankle specialist for you or a family member, this report will help you identify the most crucial questions to ask your potential new podiatrist.

Our practice's most vital component is our extensive experience, but what truly sets us apart from other podiatry offices is our commitment to clear communication and personalized, compassionate care. Our specialists strive to provide the highest quality foot and ankle treatments in a welcoming, pleasant environment.

The questions in this report are the ten most important qualities to look for in a podiatrist. When you find a podiatry office that provides everything listed here, you've likely found a caring provider who can help you achieve a pain-free, active lifestyle.

If you would like to learn more about any of the information provided in this report, please feel free to call us at **(405) 794-6691** to reach our Moore office or **(405) 340-9251** to contact our Edmond office. We are always happy to help, and we look forward to speaking with you about the exceptional podiatric medicine we can offer you!

To Your Foot Health,

The Doctors of Oklahoma Foot & Ankle Associates

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1. Do They Have Extensive Experience?

When choosing a new podiatrist, you should always consider their experience and training first. A podiatrist who has seen a wide variety of cases has likely already treated a foot condition like yours. This prior experience can help your podiatrist foresee any potential risks or complications during your treatment. With this knowledge, you can feel assured that your treatment recommendation is genuinely the best for you and that your treatment will be successful.

Our team at Oklahoma Foot & Ankle Associates has helped over 100,000 people in Central Oklahoma since 1994! Our board-certified doctors, Dr. Bean and Dr. Carro, along with Dr. Morris and Dr. Walker, bring years of experience and advanced training to our patients every day. We strive to offer personalized, comprehensive care and provide thorough exams for the most accurate diagnosis and your best foot health.



2. Do They Have a Conservative Approach?

Foot and ankle surgery has made significant advances over the years, making it an effective option to treat specific foot or ankle pain conditions. However, during your consultation, your potential new podiatrist shouldn't jump straight to surgery. It's always best to try conservative approaches before recommending surgery. Many patients do well with at-home care and can be treated effectively without invasive options.

At Oklahoma Foot & Ankle Associates, we put your needs first and take a conservative approach to your foot and ankle treatment. Surgery can be stressful, and the healing process after certain procedures can interfere with your daily life — which is why we only recommend surgery as a last resort when more conservative approaches haven't been successful. We believe in offering the best care and delivering unmatched, personalized customer service to our patients. Depending on your unique needs, we can discuss all your options and decide on a treatment plan together!



3. Are They Trusted by Medical Professionals?

At Oklahoma Foot & Ankle Associates, our expert doctors and experienced staff have helped thousands of patients get back on their feet. They are committed to staying at the forefront of the industry. For this reason, our doctors remain actively involved in all aspects of podiatric care, including teaching and continuing education.

Dr. Bean is currently a member of the Teaching Faculty and Podiatric Surgical Residency Training Committee at the Surgical Hospital of Oklahoma and sees patients worldwide. Additionally, all of our doctors are associate professors for the Cleveland Clinic Foundation, Surgical Hospital of Oklahoma, and Residency in Oklahoma City and stay up-to-date in the medical community. This means we provide the most cutting-edge care for our patients!



4. Do They Have an In-House Pharmacy?

When you talk to your potential new provider, see if you can leave with your prescription medication in hand after your appointment. With an in-house pharmacy, there won't be any need to go to a pharmacy, drop off your prescription, wait in line to pick up your medicine, or return to pick it up later. Your new provider should offer this to make your visit smooth and more convenient for you.

At Oklahoma Foot & Ankle Associates, we value your time and want to help you save unnecessary trips regarding your care. For your convenience, we offer an in-house pharmacy! You can have your prescriptions filled at our office and pick them up on-site, so you don't have to make an extra trip to an outside pharmacy. This is just another way we offer quality, timely care for you or your loved ones!



5. Are They Leaders Among Their Peers?

At Oklahoma Foot & Ankle Associates, our expert doctors and experienced staff have restored active lifestyles for thousands of patients. All our professionals at Oklahoma Foot & Ankle Associates maintain the highest accreditation levels and pursue ongoing education to stay abreast of the latest trends in podiatry.

Our specialists are leaders among the podiatric community and are recognized for their excellent patient care! Dr. Bean and Dr. Carro are both board-certified podiatrists and all together, our doctors have over 85 years of experience! Our experts also belong to OKPMA — the Oklahoma Podiatric Medical Association, and APMA — the American Podiatric Medical Association.



6. Are They Trusted by Professional & Collegiate Athletes?

When seeking podiatric treatment, you'll want to go to top-rated, highly-trained, and experienced doctors who use state-of-the-art treatment options. As you search for your new podiatrist, check to see if they have treated any professionals who directly benefit from this type of treatment and rely on their feet and ankles more than anyone else — e.g., professional athletes, runners, or trainers.

At Oklahoma Foot & Ankle Associates, we work hard to earn our patients' trust in our services. We've helped thousands of happy patients get back on their feet and keep their foot and ankle health strong, including professional athletes, collegiate athletes, basketball players, football players, political figures, and even other doctors! They trusted us to keep their feet healthy for their careers, and we can provide you with that same top-notch service.



7. Can You Get Started at Your Consultation?

Many patients are actively experiencing foot pain when they make their first appointment with a podiatrist. Your treatment must start as soon as possible after your consultation, especially if you are diagnosed with a severe foot or ankle problem, broken bones, or an injury. If you have to make a second appointment, it's not only inconvenient, but it also forces you to wait in pain. Be sure that your potential new provider can help you get started the day of your consultation.

Oklahoma Foot & Ankle Associates offers convenient appointment times and same-day starts. Most people can expect pain relief on their first visit. Once you've had your initial consultation, we will discuss your treatment options and begin treatment that same day if possible. Getting you back on your feet is our top priority, so we strive to make your treatment quick and convenient for you!



8. Do They Support Your Community?

When deciding on your new podiatrist, pay attention to whether they support their community. Community support can range from teaching at local community centers, supporting local sports and activities, or other donations. When a practice takes the time to give back to their community, that is an indicator of responsibility and compassion – key characteristics for any great doctor! You will directly benefit from a caring podiatrist, and you can also feel good knowing that you support an ethical local business with heart.

Supporting and caring for our community and giving back is an essential value at Oklahoma Foot & Ankle Associates. Members of our experienced team regularly volunteer their time and resources to various organizations, including:

- Donating furniture to local homeless shelters
- Donating equipment to our local homeless shelter
- Sponsoring local school activities

These are just a few of the ways we give back to our local community!



9. Do They Accept Most Insurances?

If you are a patient who intends to use insurance to cover your podiatric care, be sure to ask your potential provider what they accept. Even if you plan on paying out of pocket, keep in mind that an office that accepts most insurances is an office that puts effort into being available to more patients!

At Oklahoma Foot & Ankle Associates, we aim to be as accessible as possible to our patients. This is why we participate with all major insurance companies, including:

- Blue Cross/Blue Shield
- Aetna
- United Health Care
- Cigna
- Medicare and Medicaid

If you are unsure what your insurance covers, our team can help you. We will communicate with your provider and get answers to your questions regarding your insurance coverage. Please contact us to learn more!



10. Do They Have Multiple Convenient Locations?

At Oklahoma Foot & Ankle Associates, we want to make accessing foot and ankle care as easy and convenient for you as possible. That's why we offer multiple office locations for you to visit! See us at any of our five locations below for high-quality foot and ankle care with a personal touch you won't find anywhere else:

Moore Office

3001 S. Telephone Rd., Ste. B
Moore, OK 73160
(405) 794-6691

Midwest City Office

1342 S Douglas Blvd., Ste. A
Midwest City, OK 73130
(405) 794-6691

Yukon Office

Mercy Specialty Clinic
520 S. Mustang Rd.
Yukon, OK 73099
(405) 340-9251

Edmond Office

600 W. 15th St.
Edmond, OK 73013
(405) 340-9251

Shawnee Office

3700 N. Kickapoo Ave., Ste. 104
Shawnee, OK 74804
(405) 794-6691



11. Bonus: Do They Have Affordable Payment Options?

This report was only supposed to include ten crucial questions to consider when looking for a podiatrist, but affordability is so important that we've included this section as a bonus.

It is critical to know what kind of payment options your potential podiatrist offers before making your decision. When considering the expert care provided at Oklahoma Foot & Ankle Associates, we don't want finances to get in the way of the foot health care you need.

Our practice accepts most health insurance plans, but we are also committed to working with you and your unique situation. We never want patients to put off necessary treatment. We are proud to offer 0% financing with CareCredit as well as in-house payment plans so you can focus on what matters – getting your healthiest feet for a pain-free life. Ask us about our payment options during your consultation!



Closing Letter From the Doctors of Oklahoma Foot & Ankle Associates

Dear Friend,

We hope this report was informative! If you've already seen another podiatrist and you aren't satisfied with their answers, we are happy to give you a second opinion. We invite you to schedule an appointment with us for a consultation at any time. Additionally, please feel free to call Oklahoma Foot & Ankle Associates with any foot and ankle medical concerns.

At Oklahoma Foot & Ankle Associates, our specialists understand the many factors to consider when choosing a new podiatrist. However, the information provided in this report will help you choose the right podiatry office for your foot health needs.

If you have any questions for us, please call us at **(405) 794-6691** to reach our Moore office or call us at **(405) 340-9251** to contact our Edmond office, and we will be happy to answer any questions you may have. We look forward to welcoming you to Oklahoma Foot & Ankle Associates!

To Your Foot Health,

The Doctors of Oklahoma Foot & Ankle Associates

P.S. When you are ready, call **(405) 794-6691** to reach our Moore office or **(405) 340-9251** to reach our Edmond office to schedule your consultation. Your comprehensive foot health assessment includes a thorough exam and discussion about your concerns and goals. At that time, we will review your treatment options, provide a personalized treatment plan, and answer any questions you may have.

 **OKLAHOMA**
FOOT & ANKLE
— **ASSOCIATES** —

okfootandankle.com

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